



5 September 2022

Dear Parents/Carers

### **The Duke of Edinburgh's Bronze Award – Year 9 (2022-23 cohort)**

I am pleased to inform you that we are offering The Duke of Edinburgh's Bronze Award as an extra-curricular activity to our Year 9 students. The Award is a nationally recognised qualification for young people, designed to encourage them to develop independence, commitment, leadership and teamwork, through involvement in a personalised programme of activities.

The Bronze Award is made up of four parts and those taking part are required to complete all four sections in the academic year September 2022 – July 2023:

- **Skill:** Developing a new skill or continuing to improve an existing skill
- **Physical:** participating in physical activity, including sport
- **Volunteering:** being involved in an activity that benefits others
- **Expedition:** completing a training day, two-day practice and two-day assessed hike, both with an overnight camp

The Physical, Skills and Volunteering sections must be undertaken once a week, with two of these sections to be completed over three months, and one over six months. Although students will be assisted in selecting appropriate activities and monitored throughout the delivery of the Award, completion of these sections will primarily be the responsibility of the students taking part. A suggested activities sheet is attached.

An information evening for parents/carers and students who are interested in signing up, or have questions about the DofE Bronze Award, will be held on Thursday 22 September at 6pm in the school theatre.

The Expedition section will be run by Cox Green School and requires students to undertake a full day's training session (held at school), as well as one practice and one assessed expedition – each of which is two days and one night. Please see the dates below. Attendance on all dates is compulsory. Students are expected to attend school the following day after the expeditions. If numbers are not attained, we will combine both groups into group A.

	<b>Group A</b>	<b>Group B</b>
<b>Training</b>	Thursday 16 March 2023	Thursday 30 March 2023
<b>Pre-Expedition Information Meeting</b>	Thursday 15 June 2023 (time TBC)	Thursday 15 June 2023 (time TBC)
<b>Practice Expedition</b>	Friday 23 – Saturday 24 June 2023	Sunday 25 – Monday 26 June 2023
<b>Assessed Expedition</b>	Friday 7 – Saturday 8 July 2023	Sunday 9 – Monday 10 July 2023

### **Commitment and Costs**

Students must commit to completing all four parts of the Award, with a view to completing by the end of the academic year and parents/carers must commit to support this.

Parents/carers are responsible for dropping off and collecting their child from the expedition start and finish point. It is anticipated that the practice and assessed expeditions will take place in the local area, i.e. the Chilterns.

The cost of registering for the Award and for undertaking the expeditions is **£130**. Tents, cooking equipment and maps are provided. Students will have to have their own personal expedition equipment, for example, waterproofs, suitable footwear, rucksack and a sleeping bag. A kit list will be provided nearer the time.

There are **100 places** available (50 in each group) and if you would like your child to participate in the DofE Bronze Award, we request a non-refundable deposit of **£70** to be paid using your child's existing sQuid account. You will be able to do this from **7pm on Sunday 25 September 2022** (closing; 10pm on Sunday 2 October 2022). In the unlikely event that this trip oversells on sQuid, places will be allocated on a first come, first served basis, by time of booking transaction, and a waiting list will be held.

Please note, when signing up to the DofE Award please select carefully which group you would like to be in. Movement between each group will be very restricted due to numbers and staffing.

Please return the attached permission slip to Mr Morris in the Maths office, once payment is made. For your information, the remaining payment dates are listed below. Please note that all payments can be made at any time but each one **must** be paid by the date stated:

Payment Required	To be paid by
£70 deposit (non-refundable)	at time of booking (but by 2 October 2022)
£60	28 February 2023

Please email me ([a.morris@coxgreen.com](mailto:a.morris@coxgreen.com)) to confirm your attendance at the information evening at 6pm on Thursday 22 September 2022 in the school theatre.

If you have any queries in the meantime, please do not hesitate to contact me via email.

Yours sincerely



Mr A Morris

Leader: The Duke of Edinburgh Awards

**Please note:**

- *Places on all trips are subject to the school expectations for the Behaviour Policy being met. Any student who receives a suspension may have their place withdrawn from the trip and no refund will be made unless the place can be resold. In addition, if the school assesses that the attendance on a trip is a Health and Safety risk to the student or to others, a place will not be allocated to that student or a place will be withdrawn and there will be no refund made unless the place can be resold.*
- *Should your child be unable to attend a trip due to medical reasons, we will require a Medical Certificate to apply for an insurance claim.*
- *If the trip is cancelled due to uncontrollable circumstances i.e. weather, Foreign/Home Office guidance, the refunding of costs will be subject to insurance cover.*
- *If your child is, or has ever been in receipt of free school meals, then you may be eligible for assistance with the costs of this trip, from the school's Pupil Premium funding. To make a request for assistance please contact the Finance Office via email: [finance@coxgreen.com](mailto:finance@coxgreen.com) or in writing to the school; including your child's name and form, stating that they are, or have been in receipt of free school meals. The Pupil Premium funding is to be used for educational purposes only.*
- *Please note that Pupil Premium support for this trip is limited to 10% of the total cost of the trip and all requests should be made by 12 noon on Friday 9 September 2022.*
- *Payments are to be made by the dates specified. Late or non-payment may result in your child's place being withdrawn from the trip. If you choose to withdraw your child for reasons not stated above, any costs attributed to date, must still be made.*
- *Should the school need to contact you in an emergency, we will use contact details supplied on your most recent OA4 Form (off-site activity form). If there are any changes to the details on this form, including any medical or dietary requirements, it is the parent/carer responsibility to inform the school.*
- *This is an optional trip and is not essential to the curriculum or completion of the syllabus being studied.*
- *There will be no insurance cover due to disinclination to travel.*
- *In the unlikely event that this trip oversells on sQuid, places will be allocated on a first come, first served basis by time of booking transaction, and a waiting list will be held*

**PERMISSION SLIP**

**The Duke of Edinburgh's Bronze Award – Year 9 (2022-23 cohort)**

Student Name: \_\_\_\_\_ Form: \_\_\_\_\_  
(please print)

- I confirm I have paid a deposit of £70 (*non refundable*) via my child's sQuid account.
- I confirm my child will attend the Training, Practice Expedition and Assessed Expedition dates, as stated in the letter dated 5 September 2022.
- I confirm my child is committed to undertake and understands the four sections (Skills, Physical, Volunteering and Expedition) of The Duke of Edinburgh's Bronze Award which needs to be completed within the academic year September 2022 – July 2023.

**Please return your permission slip to Mr Morris, by Monday 3 October 2022.**

Signed (Parent/Carer): \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

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**Application - to be returned to Mr Morris (Maths Department).**

We anticipate that the Bronze Award will be very popular. In the event that this programme is over-subscribed, we will look at the 'extra information' section on the application form, where students explain how they will benefit from this award. Please fill this section in very carefully!

**Application to participate in The Duke of Edinburgh's Bronze Award**

**Section 1 – to be completed by the student**

Student name: \_\_\_\_\_ Form: \_\_\_\_\_

What clubs/extracurricular activities do you currently take part in, within and outside of school?
What could you do for your skills section (1 hour a week for 3-6 months)?
What could you do for your physical section (1 hour a week for 3-6 months)?
What could you do for your volunteering section (1 hour a week for 3-6 months)?
Extra information. In this section, explain <b>why</b> you want to do the Duke of Edinburgh Bronze Award and <b>how you think you will benefit from it</b> . Complete this section carefully and in detail.

Signature of student: \_\_\_\_\_ Date: \_\_\_\_\_

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**Section 2** – to be completed by parent/carer

Name of parent/carer \_\_\_\_\_

Tel No: \_\_\_\_\_

Email address: \_\_\_\_\_

Your child's personal details:	
First name:	Surname:
Gender: Male <input type="checkbox"/> Female: <input type="checkbox"/>	Date of Birth:
Your child's school email address:	
If your child has registered for the DofE previously, please record the name of the Centre and their eDofE ID number below:	
Centre:	ID number:

Please indicate if your child has any of the conditions below, and provide further information.

<input type="checkbox"/>	Problems with sight or hearing	<input type="checkbox"/>	Mental health conditions
<input type="checkbox"/>	Osteoarthritis, rheumatoid arthritis, fibromyalgia or ME	<input type="checkbox"/>	Impairments due to injury to the body or brain
<input type="checkbox"/>	Any conditions which affect certain organs such as heart disease, asthma and strokes	<input type="checkbox"/>	Has or have had cancer
<input type="checkbox"/>	Learning disabilities	<input type="checkbox"/>	Multiple Sclerosis
<input type="checkbox"/>	Learning difficulties such as dyslexia and dyspraxia	<input type="checkbox"/>	Any other condition
<input type="checkbox"/>	Autistic spectrum disorders	<input type="checkbox"/>	None of these conditions

If you have indicated a medical condition above, please provide further information in the box below.

I wish my son/daughter to be considered for the Duke of Edinburgh Bronze Award. I confirm that he/she will:

- Undertake between 3 and 6 months of Skill Development, Physical Activity and Volunteering
- Attend the one-day Expedition training session, the two-day Practice Expedition, and the two-day Assessed Expedition
- I understand that if my son/daughter does not complete the above activities then they may be asked to leave the programme
- I understand that if my son/daughter's attitude and behaviour fall below that which is acceptable, then they may be asked to leave the programme
- I understand once my child has been accepted, any monies paid are non- refundable

Please tick below if:

My child receives Free School Meals  I would like to be considered for financial assistance

Signed: \_\_\_\_\_ Parent/Carer Date: \_\_\_\_\_



## Suggested Activities Sheet

When completing each section of your DofE, you should develop a programme, which is specific and relevant to you. This sheet gives you a list of ideas that you could do to help you create a programme of your own.

<p><b>Volunteering Section</b></p>	<p><b>Volunteering gives you the chance to make a difference to people's lives and use your skills and experience to help your local community. You can use this opportunity to become involved in a project or with an organisation that you care about.</b></p>	
<p><b>Community action &amp; raising awareness</b>          Campaigning          Cyber safety          Council representation          Drug &amp; alcohol education          Home accident prevention          Peer education          Personal safety          Promotion &amp; PR Road safety  <b>Working with the environment or animals</b>          Animal welfare          Environment          Rural conservation          Preserving waterways          Working at an animal rescue centre          Litter picking          Urban conservation          Beach and coastline conservation          Zoo/farm/nature reserve work</p>	<p><b>Helping a charity or community organisation</b>          Administration          Being a charity intern          Being a volunteer lifeguard          Event management          Fundraising          Mountain rescue          Religious education          Serving a faith community          Supporting a charity          Working in a charity shop  <b>Helping people</b>          Helping children          Helping older people          Helping people in need          Helping people with special needs          Youth work</p>	<p><b>Coaching, teaching and leadership</b>          Dance leadership          DofE Leadership          Group leadership          Leading a voluntary organisation group:          - Girls' Venture Corps          - Sea Cadets          - Air Cadets          - Jewish Lads' and Girls' Brigade          - St John Ambulance          - Scout Association          - Air Training Corps - Army Cadet Force          - Boys' Brigade          - CCF          - Church Lads' &amp; Girls' Brigade          - Girlguiding UK- Girls' Brigade          - Boys' Brigade          - Sports leadership          - Music tuition</p>

<p><b>Physical Section</b></p>	<p><b>Doing physical activity is fun and improves your health and physical fitness. There's an activity to suit everyone so choose something you are interested in.</b></p>	
<p><b>Individual sports</b>          Archery          Athletics (any field or track event)          Biathlon/Triathlon/Pentathlon          Bowling Boxing          Croquet          Cross country running          Cycling          Fencing          Golf          Horse riding          Modern pentathlon          Orienteering          Pétanque          Roller blading Running          Static trapeze          Wrestling  <b>Water sports</b>          Canoeing          Diving          Dragon Boat Racing          Free-diving          Kneeboarding          Rowing &amp; sculling          Sailing          Skurfing          Sub aqua (SCUBA diving &amp; snorkelling)          Surfing/body boarding          Swimming          Synchronised swimming          Windsurfing  <b>Racquet sports</b>          Badminton          Matkot          Racketlon          Rapid ball          Real tennis          Squash          Table tennis          Tennis</p>	<p><b>Dance</b>          Ballet          Ballroom dancing          Belly dancing          Bhangra dancing          Ceroc          Contra dance          Country &amp; Western          Flamenco          Folk dancing          Jazz          Line dancing          Morris dancing          Salsa (or other Latin styles) dancing          Scottish/Welsh/Irish dancing          Street dancing/breakdancing/ hip hop          Swing          Tap dancing  <b>Martial arts</b>          Aikido          Capoeira          Ju Jitsu          Judo          Karate          Self-defence          Sumo          Tae Kwon Do Tai Chi  <b>Extreme sports</b>          Caving &amp; potholing          Climbing          Free running (parkour)          Ice skating          Mountain biking          Mountain unicycling          Parachuting          Skateboarding          Skydiving          Snow sports (skiing, snowboarding)          Snowkiting          Speed skating          Street luge</p>	<p><b>Team sports</b>          American football          Baseball          Basketball          Boccia          Camogie          Cricket Curling          Dodge disc          Dodgeball          Fives          Football          Hockey          Hurling          Kabaddi          Korfbal          Lacrosse          Netball          Octopushing          Polo          Rogaining          Rounders          Rugby          Sledge hockey          Stoolball          Tchoukball          Ultimate flying disc          Underwater rugby          Volleyball          Water polo  <b>Fitness</b>          Aerobics / Fitness classes          Cheerleading          Gym work          Gymnastics          Medau movement          Physical achievement          Pilates          Running/jogging/walking          Trampoline          Weightlifting          Yoga</p>

Skills Section	Developing a skill helps you get better at something you are really interested in and gives you the confidence and ability to use this skill both now and later in life.	
<p><b>Performance arts</b>  Ballet appreciation  Ceremonial drill  Circus skills  Conjuring &amp; magic  Dance appreciation  Majorettes  Puppetry  Singing  Speech &amp; drama  Theatre appreciation  Ventriloquism  Yoyo extreme  <b>Science &amp; technology</b>  Aerodynamics  Anatomy  Astronomy  Biology  Botany  Chemistry  Ecology  Electronics  Engineering  Entomology  IT  Marine biology  Oceanography  Paleontology  Physics  Rocket making  Taxonomy  Weather/meteorology  Website design  Zoology  <b>Care of animals</b>  Agriculture (keeping livestock)  Aquarium keeping  Beekeeping  Caring for reptiles  Dog training &amp; handling  Horse/donkey/llama/alpaca handling &amp; care  Keeping of pets  Looking after birds (i.e. budgies &amp; canaries)  Pigeon breeding &amp; racing  <b>Music</b>  Church bell ringing  Composing  DJing  Evaluating music &amp; musical performances  Improvising melodies  Listening to, analysing &amp; describing music  Music appreciation  Playing a musical instrument  Playing in a band  Reading &amp; notating music  Understanding music in relation to history &amp; culture  <b>Natural world</b>  Agriculture  Conservation  Forestry  Gardening  Groundsmanship  Growing carnivorous plants  Plant growing  Snail farming  Vegetable growing</p>	<p><b>Games &amp; sports</b>  Cards (i.e. bridge)  Chess  Clay target shooting  Cycle maintenance  Darts  Dominoes  Fishing/fly fishing  Flying  Gliding  Go-karting  Historical period re-enacting  Kite construction &amp; flying  Mah Jongg  Marksmanship  Model construction &amp; racing  Motor sports  Power boating  Snooker, pool &amp; billiards  Sports appreciation  Sports leadership  Sports officiating  Table games  War games  <b>Life skills</b>  Alternative therapies  Cookery  Democracy in action  Digital lifestyle  Driving: car maintenance/car road skills  Driving: motorcycle maintenance/road skills  Event planning  First Aid – St John/St Andrew/BRCS  Hair &amp; beauty  Learning about the emergency services  Learning about the RNLI (Lifeboats)  Library &amp; information skills  Life skills  Massage  Money management  Navigation  Public speaking and debating  Skills for employment  Young Enterprise  <b>Learning &amp; collecting</b>  Aeronautics  Aircraft recognition  Anthropology  Archaeology  Astronautics  Astronomy  Bird watching  Coastal navigation  Coins  Collections, studies &amp; surveys  Comics  Contemporary legends  Costume study  Criminology  Dowsing &amp; divining  Fashion  Forces insignia  Gemstones  Genealogy  Heraldry  History of art  Language skills  Military history  Movie posters  Postcards  Reading  Religious studies  Ship recognition  Stamp collecting</p>	<p><b>Creative arts</b>  Basket making  Boat work  Brass rubbing  Building catapults &amp; trebuchets  Cake decoration  Camping gear making  Candle-making  Canoe building  Canvas work  Construction  Ceramics  Clay modelling  Crocheting  Cross stitch  DIY  Dough craft  Drawing  Dressmaking  Egg decorating  Embroidery  Enamelling  Fabric printing  Feng Shui  Floral decoration  French polishing  Furniture restoration  Glass blowing  Glass painting  Interior design  Jewellery making  Knitting  Lace making  Leatherwork  Lettering &amp; calligraphy  Macramé  Marquetry  Model construction  Mosaic  Painting &amp; design  Patchwork  Photography  Pottery  Quilting  Rope work  Rug making  Snack pipping  Soft toy making  Tatting  Taxidermy  Textiles  Weaving and spinning  Wine/beer making  Woodwork  <b>Media &amp; communication</b>  Amateur radio  Communicating with people who are visually impaired  Communicating with people who have a hearing impediment  Film &amp; video making  Journalism  Newsletter &amp; magazine production  Signalling  Writing</p>